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Me at my best:
What strengths and values of mine are activated when I am at my best?
What impact can I have as a leader that is most meaningful to me?
Write down your overarching leader impact statement, defined as: how you use your
unique strengths and values to have the kind of impact you want to have as a leader.
Write down 3 concrete initial steps to put this statement into action. Also note: what
reservations do vou have? Who will vou commit to being to bring this plan to action?



The VIA Classification of 24 Character Strengths

ViaCharacter.org

WISDOM

CREATIVITY

- Originality
- Adaptive
- Ingenuity

CURIOSITY

- Interest
- Novelty-Seeking
- Exploration
- Openness

JUDGMENT

- Critical Thinking
- Thinking Things Through
- Open-mindedness

LOVE OF LEARNING

- Mastering New Skills & Topics
- Systematically Adding to Knowledge

PERSPECTIVE

- Providing Wise
- Taking the Big Picture View

COURAGE

BRAVERY

- Not Shrinking from
- Speaking Up for What's Right

PERSEVERANCE

- Persistence
- Industry
- Finishing What One

HONESTY

- Authenticity
- Integrity

ZEST

- VitalityEnthusiasm
- Energy
- Feeling Alive



HUMANITY

LOVE

- Both Loving and Being Loved
- Valuing Close Relations with Others

KINDNESS

- Generosity
- Nurturance
- Care & Compassion
- Altruism
- "Niceness"



SOCIAL INTELLIGENCE

Aware of the Motives/ Feelings of Self/Others Knowing what Makes Other People Tick

JUSTICE

TEAMWORK

- Citizenship
- Social Responsibility
- Loyalty





FAIRNESS

- Just
- Not Letting Feelings **Bias Decisions About Others**

LEADERSHIP

- Organizing Group
- Encouraging a Group to Get Things Done

TEMPERANCE



FORGIVENESS

- Mercy
- Accepting Others' **Shortcomings**
- · Giving People a Second Chance

HUMILITY

- Modesty
- Letting One's Speak for Themselves

PRUDENCE

- Careful
- Cautious
- Not Taking Undue

SELF-REGULATION

- Self-Control
- Disciplined
- Managing Impulses

APPRECIATION OF

- Elevation

GRATITUDE

- Thankful for the Good
- Expressing Thanks
- Feeling Blessed

HOPE

- Optimism
- Future-Mindedness

HUMOR

- Playfulness
- Bringing Smiles to
- Lighthearted

SPIRITUALITY

TRANSCENDENCE

BEAUTY & EXCELLENC

- Awe
- Wonder

Future Orientation

References: Individual Values

Aesthetics, arts

Accuracy, precision, correctness

Achievement, merit

Accountability, responsibility
Advancement, promotion
Adventure, excitement, risk
Affection (love, caring, empathy)

Affiliation, belonging

Authority

Autonomy, independence

Balance

Challenge - mental Challenge -physical

Change, variety, <u>fast pace</u>

Collaboration Community

Competence, mastery

Competition Connection

Contribution, impact Cooperation, teamwork

Country, culture

Courage

Creativity, innovation Diversity, tolerance

Duty, honor

Economic prosperity Economic security Efficiency, market Empowerment

Engagement, involvement

Environment, nature Ethics, integrity

Excellence Fame

Family

Financial gain, wealth Freedom, democracy

Friendship Fun, humor Happiness

Health

Helpfulness, healing

Honesty, openness, candor

Inner harmony Intellect, ideas

Intuition Knowledge Labor - manual Labor - mental Leading, inspiring

Loyalty

Making a difference, public service

Moderation

Order (tranquility,

stability)

Personal development Pleasure, recreation Power, influence

Privacy Purity Quality

Reason, science Recognition Responsibility

Safety Security

Self - motivation Self - respect

Social welfare, social change Sophistication, erudition

Spirituality, faith

Stability (tradition, history)

Status, prestige Trust, reliability

Truth

Variety, change

Wisdom

Sample Leader Impact Statements

"As a leader in higher education, I am committed to developing academic (and co-curricular) programs that are innovative, meet ever-changing demands in the marketplace, and enhance students' overall experience. At a systems level, I am committed to establishing structures and mechanisms that facilitate effectiveness, transparency and accountability. I use my strengths of social intelligence and a love of learning to inspire others to excel in their own work, and to work their hardest in achieving the team's goals. I'll be the Driver I usually am to persist in making it happen, and I will develop my Pillar style to create institutions that will last."

"With bravery and love, I cultivate a culture of empowerment, growth, and high-quality work. I inspire confidence in women to find and foster their professional power."

"As a leader, I bring my strengths of positivity, inclusion, kindness and integrity to the table to inspire communities and the individuals within them.

My focus is on building strong communities that celebrate the diverse individuals within that community.

I value social justice and policies that see and support the value of each person."

"As a leader, I care deeply about the quality of the employee work experience, including engagement, working smarter, and fairness in policies and application.

I model my love of learning and the priority that I place on development.

I positively impact workplace culture by developing authentic relationships based on trust. I use my unique perspective and institutional history to generate elegant solutions to complex issues."

"As a leader, I use my strengths of social intelligence and leadership to be a translator and a connector, bridging communication between my manager, direct reports and clients. I will lean on my Advocate style to connect people, and I will further develop my Innovator to find new pathways to create high quality communication across our team so we can be effective, engaged and productive."