

## AGEISM IN THE JOB SEARCH

Vicki Berling



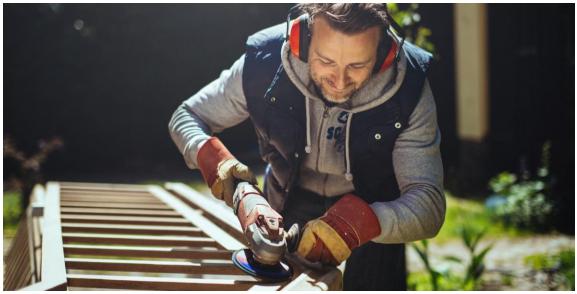


# 76% OF OLDER JOB APPLICANTS LIST AGEISM AS A HURDLE

**AARP, 2019** 

2024





"AGE DISCRIMINATION REMAINS A SIGNIFICANT AND COSTLY PROBLEM FOR WORKERS, THEIR FAMILIES, AND OUR ECONOMY."

**Equal Employment Opportunity Commission** 

2018









## AGENDA

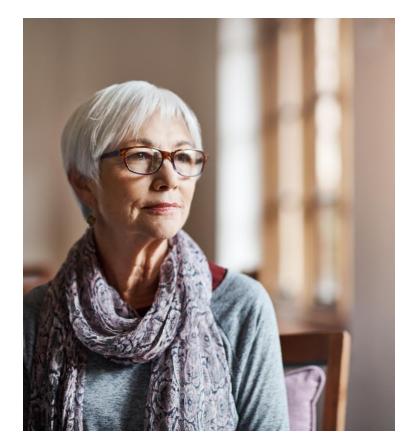
Off Ramping

**Technology** 

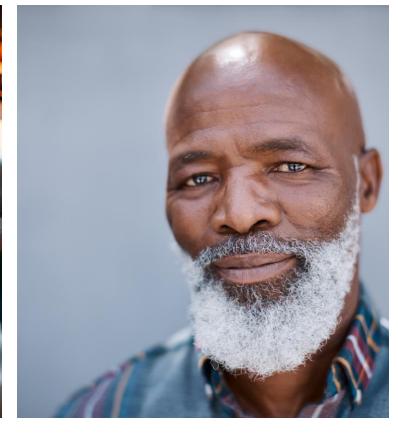
Reporting

Salary

**Image** 







## WE'RE JUST WAITING TO RETIRE

\*Myth #1

## OFF RAMPING

#### "JUST WAITING TO RETIRE"

Average millennial stays 2.8 years on a job vs. 4.6 years for workers 55+

Workers 55+ take fewer sick days

Workers 55+ show up on time

Workers 55+ demonstrate better focus, more productivity, better problem solving

Work more safely than their younger peers

#### "DECREASED ENERGY LEVEL"

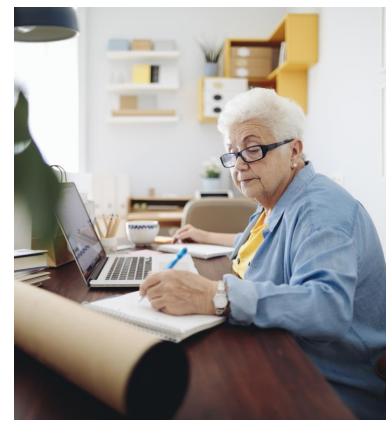
Don't tell them - show them:

- Volunteer time
- Classes you are taking
- New skills you are learning
- Hobbies, training, new experiences, etc.

FYI: 33% of pickleball players are over 65...







## WE CAN'T USE TECHNOLOGY EFFICIENTLY

\*Myth #2

## **TECHNOLOGY**

#### "DIGITAL IMMIGRANTS"

That term is 23 years old... we are on the other side of the transition

Social media vs. work-place technology

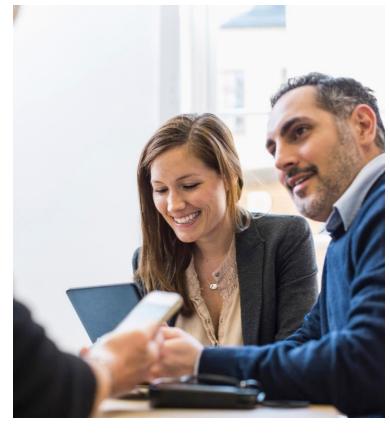
## "MICROSOFT OFFICE PROFICIENT"

Make a list of all the technology changes you have experienced – highlight those that demonstrate your ability to master new technology on the job

Learn any technology applications important to the job you want...







### WE WON'T REPORT TO YOUNGER PEOPLE

\*Myth #3

## REPORTING

#### "OVERQUALIFIED"

Define what you are seeking now at this point in your career – "This is not a stepping stone..."

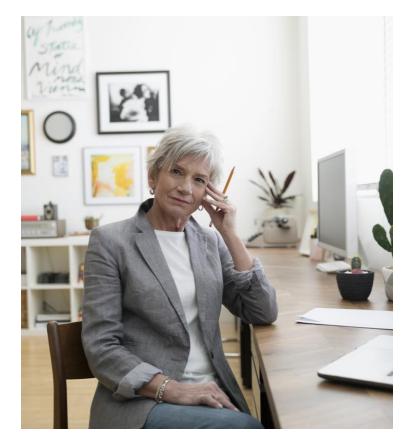
Be able to outline what you want to learn in this position

"I'm looking forward to..."

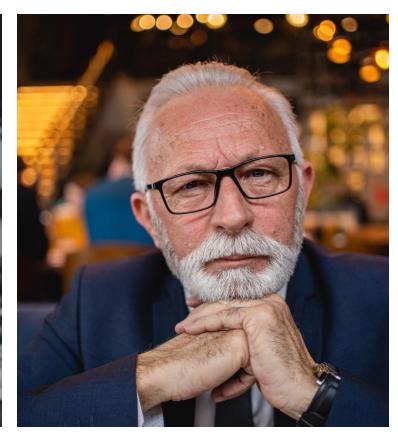
#### "BEEN THERE/DONE THAT"

Give examples of times you have worked with younger people

Talk about volunteer activities, boards, hobbies, book clubs – anything that demonstrates you have positive interactions with younger people







## WE COST TOO MUCH

## SALARY

#### "RIGHT SIZING"

It's true – many older adults are laid off due to higher salaries

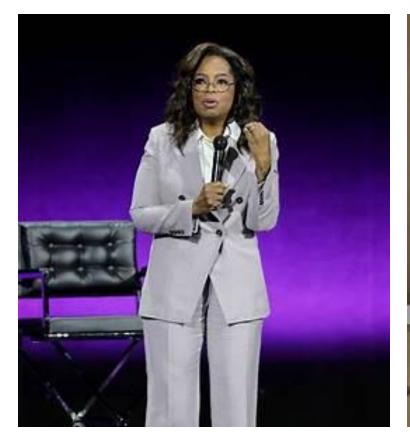
90% of those pushed out for salary reasons never make as much as before

**Negotiate for alternatives** 

#### "TAKE IT TO THE BANK"

Tell them very specifically what your impact has been on the bottom line of your companies

- Prove you are worth the salary you are requesting
- Ask for more frequent salary reviews







## FIRST IMPRESSIONS ARE IMPORTANT

## BE MAD AT ME IF YOU MUST...

## FIGHT IT

#### RESUME/LETTERS

- Freshen up your language
- Use keywords
- Get a new email address (?)
- Keep it to 2 pages
- Eliminate jobs more than 15 years ago (maybe...)

#### **EXPERIENCE**

- Capture how active you are
- Address your mastery of technology
- Take classes for skills you do not possess
- Show you are still learning

#### REFRAME

- Are you promoting the perception of you as old?
- Do you eliminate yourself before you get started?
- How old are your examples?
- Record yourself be brutal in your self assessment



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