



# PARENTAL LITERACY

## GET READY TO READ

Modeling reading to your little one, and spending time reading books with them, encourages little minds, strengthens bonds, and can help determine your child's future academic success. Short books, audiobooks, articles, poetry, graphic novels, and picture books are all reading! It's okay to not have the mental energy or time to sit with a physical novel. All reading is good reading.

### Pregnancy Books

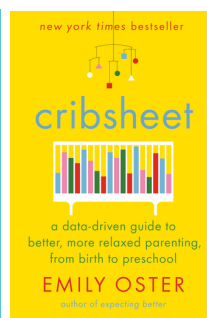
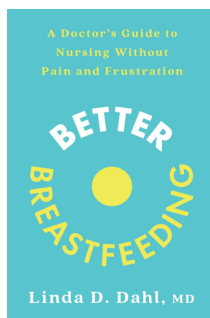
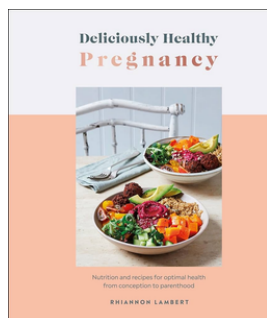
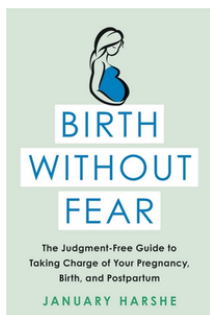
- Expecting Better by Emily Oster
- Birth Without Fear by January Harshe
- Mayo Clinic Guide to a Healthy Pregnancy by Myra Wick
- Deliciously Healthy Pregnancy by Rhiannon Lambert
- Break Free From Maternal Anxiety by Fiona Challacombe



Scan for more books and info

### Parenting Books

- The Pediatrician's Guide to Feeding Babies & Toddlers by Anthony Porto
- Crib Sheet by Emily Oster
- Wonder Weeks by Hetty van de Rijt
- Baby & Toddler Basics by Tanya Remer Altmann
- Better Breastfeeding by Linda Dahl



### Online Resources

CONSUMER REPORTS: reviews of baby products and articles that factor safety

HOOPLA: ebooks, audiobooks, music, and movies

LIBBY: ebooks, audiobooks, magazines

KENTONLIBRARY.ORG

